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FROM OUR LEADERSHIP

Marisa Przepiora

Executive Director

Over the past decade, SHFL has undergone significant growth to address the escalating needs of communities across three counties. This expansion was essential to effectively serve a growing number of individuals affected by interpersonal violence and to prevent staff burnout. By restructuring services into specialized programs—such as advocacy, case management, prevention, housing, youth advocacy, and college programming—SHFL enhanced its capacity to deliver targeted support. This strategic approach allowed for the recruitment and training of staff with specialized knowledge, ensuring clients receive expert assistance tailored to their specific situations.

However, rapid growth brought challenges, including the need for extensive training of new staff and increasing community awareness of available services. To address these, SHFL established a professional development position to oversee staff training and created a full-time outreach role dedicated to community education and engagement. These initiatives have strengthened the agency's internal capabilities and external connections, fostering a more informed and supportive environment for those in need.

Looking ahead, SHFL envisions continuing to adapt and enhance its services to meet emerging community needs, with the ultimate goal of rendering such services unnecessary—a vision of a community free from interpersonal violence.

Marisa R. Przepiora



FROM OUR LEADERSHIP

Rachel Gregory

Deputy Director

Over the past ten years, SHFL has experienced significant growth to meet the increasing needs of the communities it serves across three counties. This expansion allowed the agency to better support survivors of abuse and strengthen its prevention efforts. While rapid growth brought challenges—such as maintaining team cohesion across multiple locations—SHFL addressed them with resilience, prioritizing communication and mutual support among staff.

Throughout this time, the agency also developed several impactful programs. These include teen empowerment groups, advocacy partnerships with Child Advocacy Centers (CACs), Title IX support on college campuses, and most notably, the launch of SHFL's first domestic violence shelter. Many of these initiatives remain active today, thanks to the dedication of the team and the foundation built by early efforts.

The importance of adaptability was clear – acknowledging that mistakes are part of growth and that the key is to keep learning and improving. Looking ahead, the vision for SHFL is one of continued expansion, deeper community impact, and a commitment to being a safe, responsive resource for those in need.

Rachel Gregory



Vision And Mission

Vision

For our communities to be safe, informed, empowered and free from sexual and interpersonal violence and exploitation.

Empowerment
Caring
Help Resilience
Confidence Freedom
Justice Independence
Advocacy
Shelter
Hope Healing
Safety Support
Prevention

Mission

To empower individuals, families and our communities to use the information, supports and services available to address their unique needs, achieve greater safety and reduce vulnerability.



Our History

SHFL has grown from a small, one-county rape crisis program with two employees to a three-county organization providing advocacy and prevention for domestic violence, sexual assault, child abuse, and human trafficking with 42 employees. Community needs have driven each expansion, reflecting our commitment to service and collaboration. Our team includes leadership, coordinators, advocates, case managers, housing specialists, youth specialists, child advocacy specialists, shelter specialists, youth advocates, youth case managers, interns, and board members.

All staff and volunteers at Safe Harbors must complete a 40-hour advocate training to become NYS Department of Health Certified Confidential Rape Crisis Advocates, we are the only certified agency in our three-county service area. This training covers child abuse, sexual assault, domestic violence, human trafficking, and the OVS compensation process. Staff also complete OVC-TTAC Training for Victim Service Providers and shadow program directors before working independently with clients. Training is rigorous and ongoing, with staff required to complete at least 10 hours of continuing education annually through external workshops, conferences, and webinars.

We invite you to join us on a journey through our past, and glimpse a vision of our future. Follow the timeline on the next page, click on any years for a more in-depth and detailed history.

Timeline

- 1980-1984
- 1985-1989
- 1990-1994
- 1995-1999
- 2000-2004
- 2005-2009
- 2010-2014
- 2015-2019
- 2020-present



Programming

Prevention

Safe Harbors' prevention programming has traditionally focused on child abuse prevention through presentations to children and students.

Currently, that program is in all 14 school districts in our 3-county area.

The newest program at Safe Harbors has expanded the prevention to adults. Prevention programming is available to community partners, local businesses, religious groups, and other stakeholders in the work to reduce the rates of child abuse, sexual abuse, domestic violence, dating violence, human trafficking, and other instances of violence.

The focus for 2025 is to improve the community knowledge of bystander intervention. This can be shared with professionals, community members and as part of awareness raising events in both large and small group presentations and trainings.





Adult Advocacy

The Adult Advocacy Program serves as the primary support system for victims and survivors, operating the agency's hotline and providing community-based assistance through law enforcement, hospitals and family court advocacy. With co-located staff and two bilingual team members, the program focuses on ensuring clients' safety, offering support, and informing them of available options to help them begin healing.

Youth Advocacy

The Youth Advocacy Program supports individuals aged 20 and under by providing crisis support for youth in need, and prevention activities focused on helping them recognize vulnerabilities, identify red flags in relationships, and make healthy decisions in digital and in-person settings. Focused on youth who have experienced trauma, the program teaches soft skills to promote confidence, resilience, and long-term success.

SHFL also provides Child Advocacy Specialists co-located at the Child Advocacy Center (CACFL). They provide crisis support during the initial onset of a child abuse investigation and continue to support children and their non-offending caregivers throughout the process.

Housing, Income, & Case Management

The Housing and Resource Program at Safe Harbors of the Finger Lakes supports clients relocating due to their victimization. It offers assistance with safe relocation, housing applications, legal referrals, financial aid, employment support, budgeting, and access to community services. The program aims to empower clients through education and resources, helping them achieve long-term self-sufficiency.

Shelter

Shelter programming at Safe Harbors provides temporary, safe housing for up to 9 individuals at a time. It offers wrap-around services and aids victims in escaping and recovering from relationships with abusive partners.

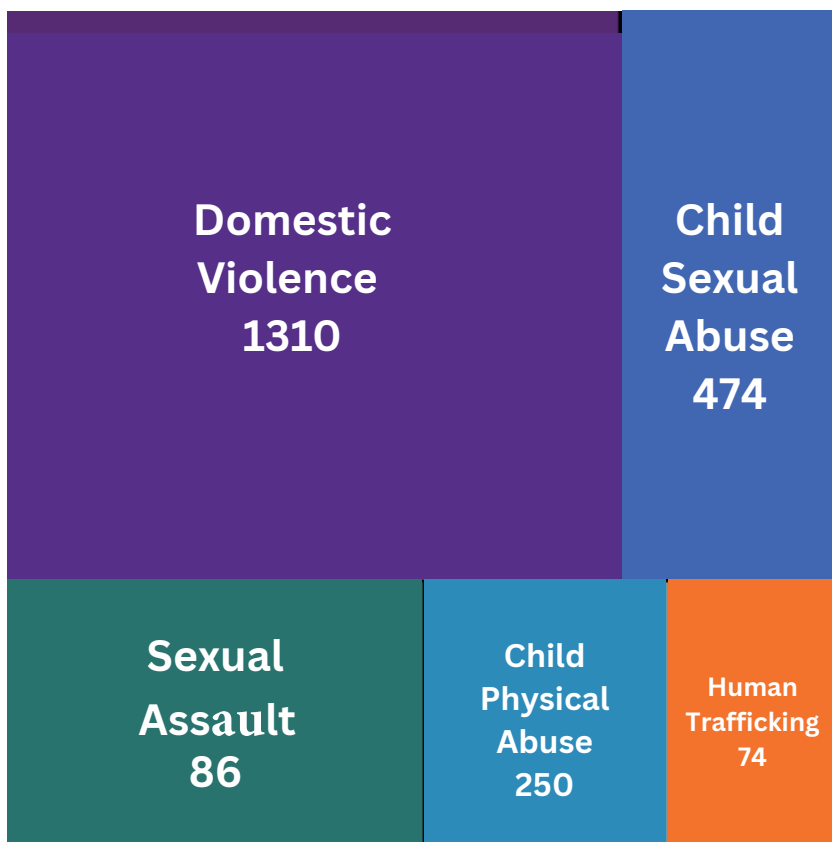


Our Year in Review



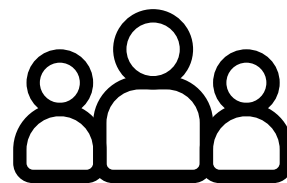
838 Clients
assisted with
orders of
protection

Clients Served



752 Bed nights
provided in our
safe dwelling

264 Youth and **57**
Adults attended
Support Groups



1,058
Hotline Calls

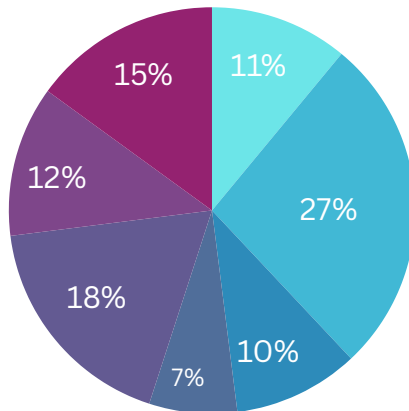
1,052
Presentations
to **18,305**
Community
Members



Financials

Client Emergency Aid

- Therapy & Mental Health
- Rental/Mortgage Assistance
- Emergency Hotel Stays
- Legal Services
- Transportation
- Food/Household Needs
- Other



While client emergency aid represents 7% of our overall expenses, the above pie chart shows all the different ways this money is used. It provides critical aid to our clients, allowing them to achieve safety and lives free from their abuser.

Functional Expenses

Program



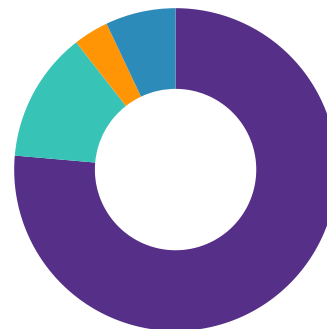
Management & General



Fundraising

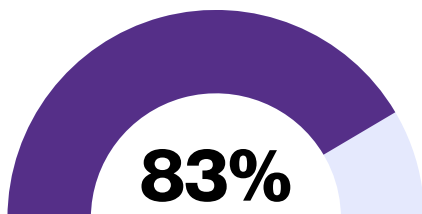


Expenses

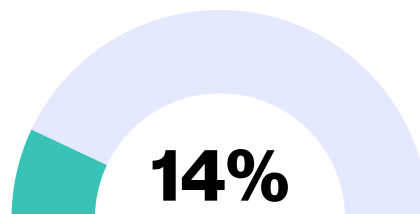


- Personnel (A) **76%**
- Operations **13%**
- Occupancy **4%**
- Client Emergency Aid **7%**

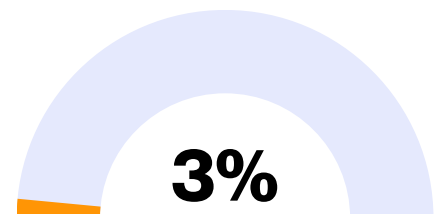
Revenue



Government Grants



Service Contracts



Contributions

Your Support Matters

Throughout its history, Safe Harbors has changed and grown to reflect the needs of our communities around interpersonal violence.

Interpersonal violence includes sexual assault, domestic violence, child sexual and physical abuse, and human trafficking - both labor and sex trafficking. All of Safe Harbors' services are free to the community.



Historically, in the past 43 years, during times of uncertainty or turmoil, our agency has received increased requests for service while the funding for those services has been cut or is at serious risk of being cut. During those times, donations from individuals and businesses in our communities kept those services free and ensured that we could keep staff employed to provide those services.

Your generous support is appreciated.

MAKE A DONATION

Thanks to your support we were able to meet our 2024 goals!

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Presbyterian Church Geneva-Members

Meg & Glenn Reed Charitable Fund

Brent Maynard

Hansen Land Holdings

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Penn Yan United Methodist Church

Christopher Harris and Family

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Visionaries

Joseph & Nancy Rubé

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Canandaigua PBA

It's a Wonderful Life Run

Seneca 7/Red Newt Racing

Land of Legends Raceway, Inc.

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McMullen Family Fund

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Stephen Wadhams
Judith Burr
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